

Neighbourhood Angels

Befriending Training Evening



Tuesday 17th November 5.30-8.00pm

Diocesan House, Quarry Street,

Guildford, Surrey GU1 3XG

(refreshments provided)

**This event is open to anyone (over 18) willing to
befriend isolated residents in their community,
or find out more. Covering:**

The role of a Neighbourhood Angel

Listening skills

Loneliness: causes and solutions

Stages in a befriending relationship

Maintaining Boundaries

**To book or find out more please contact:
Rachel Guilford, Project Co-ordinator**

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